



Human Nutrition course is a comprehensive course developed for health care professionals to enable them to understand the relationship between nutrition and human body. This course is your first step toward a serious understanding of human nutrition.

- It provides complementary skills for people involved with food and health across a wide range of vocations (Health or fitness professionals through to chef's and health food shop sales staff).
- It provides a starting point for persons wanting to work more specifically in the field of nutrition (Note: To work as a nutritionist or prescribe food supplements in most developed countries will require you to do far more study than the 100 hrs in this course)
- It provides the concerned individual with the knowledge needed to better manage their own diet, and that of those around them.

For full course outline [Click here.](#)



## Human Nutrition Online

### What you get once you enrol:

- Full access to course materials (lessons, assignments, self assessment tests) on our online Moodle platform
- Full Tutor support through out the course via email and Phone
- Option to do the course on CD if Internet connection is a problem
- Supplementary materials like extra articles, news and information added into your online account through out the course
- Career advice
- 10 Assignment corrections and feedback included

**Course Duration:** 100 hours of study. You can spread out the hours any way it suits you. Most people complete the course in 1 - 3 months. We require you to submit at least 1 assignment per month. Ideally once you complete studying a lesson it follows with an assignment which you can complete and submit to your tutor. You can get an extension with prior tutor approval.

Exam: At the end of the course you will be required to undertake an exam and pass it to get your Certificate.

### What happens once you finish the course?

You will be awarded with your certificate

You can either advance your studies or work in the industry with a better understanding of the subject.

You can discuss with your tutor about your career options.

## RECOGNITIONS

WE ARE RECOGNISED BY:  
INTERNATIONAL  
ACCREDITATION AND  
RECOGNITION COUNCIL



## Articulations

**Health Schools Australia** – Health schools offers nationally accredited Advanced Diplomas in various Natural and complementary medicine and nutrition. We have articulated with Health schools so that our students get credits for the course they have undertaken with us in case they wish to pursue higher studies.

We also have articulations with **Warnborough College** in the UK and **NSW School of Massage**.

Higher Psychology courses are recognised by **Australian Counseling Association**.

### Contact us

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Affordable Online Health Courses